

CHROMOSOME 20p DELETION

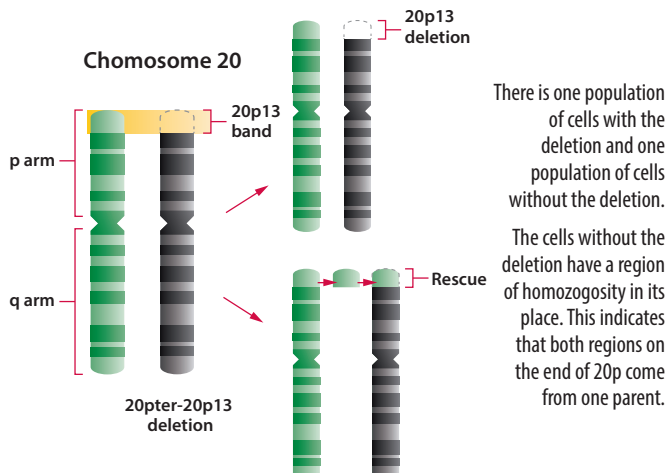
Patient and Clinical Presentation

Pediatrician ordered FirstStep^{Dx} for 23-month-old female with developmental delay

FirstStep^{Dx} Results

- Complex genetic mechanism
 - Mosaicism – refers to the presence of two cell populations with different genotypes in the same individual
 - ♦ Genotype 1: 1.64 Mb deletion of the p-terminus of chromosome 20
 - ♦ Genotype 2: long continuous stretch of homozygosity (LCSH) of the p-terminus of chromosome 20
 - Suggests that the normal copy of chromosome 20 tried to “rescue” the other copy, but this did not occur in all cells
- CNVs in this region have been previously reported in 2 other cases with similar features

Mosaic 20p Deletion - SNP Probes Indicate Mosaic 20p Rescue



Clinical Features

- Large fontanelles
- Ear abnormalities
- Developmental delay
- Seizures
- Intellectual disability
- Heart defects
- Delayed menses
- Weight deficiency
- Vision disturbances

Management Changes

- Refer to pediatric neurologist for seizure monitoring and management
- Refer to early intervention and individualized education program
- Refer for cardiology evaluation
- Monitor and manage diet
- Vision testing and ophthalmology referral
- Test parents and discuss family planning and recurrence risk

Case Study Summary

- Complex genetic mechanism identified by FirstStep^{Dx} would have been missed by standard chromosome analysis or microarrays that lack SNP probes
- Genetic counseling: The family was facing relocation for job purposes; however, the company reconsidered given this diagnosis and determined it was best to keep the child with her current healthcare providers
- Genetic counseling sessions also focused on understanding the risk of recurrence